



Awaken Your Slumbering Spirit

PART 2

Today We Will Look At...

- 1. Biblical references about Slumber**
- 2. Eight Limitations of a Slumbering Spirit**
- 3. How to know the difference between a true conscience and remorse conscience.**
- 4. How to realize healing and awaken from Slumber**

What is a Slumbering Spirit?

It is a condition in which your **personal spirit** has **never been fully awakened** or has “**gone to sleep**” due to a lack of nurture or understanding what it means to live life from your spirit being.

Three Primary Needs of Your Personal Spirit

- **Worship**
- **Relationship**
- **Connection**

Just as you are to care for your body, you are also to care for your spirit-being so that you are empowered fully to live life and whole-heartedly serve God.

WE LANDED IN THE LIFE-ALTERING TRUTH OF HEBREWS 4:12 IN PART ONE

If you want to experience **life-in-the-spirit** then Your **soul** and **spirit** must be rightly divided by The Word of God.

- With out this clarity you are **double-minded**.
- When your mind, which is part of your soul, is not renewed (Romans 12) you can't comprehend or apply the Word of God to your life.

What is your **spirit-being** to do, if it can't freely express itself through your soul – "**Drift into a state of slumber**"?

BIBLICAL REFERENCES TO SLUMBER

- Isaiah 52:1-2
- Isaiah 56:10
- Romans 13:11-14
- Ephesians 5:13-14
- I Thessalonians 5:4-8
- Revelation 3:3; 16:15

LIMITATIONS OF A SLUMBERING SPIRIT

1. Corporate worship (1 Corinthians 2:14)

The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them.

- Awakened personal spirits sense the presence of God.
- Slumbering spirits can only believe God is present.

LIMITATIONS OF A SLUMBERING SPIRIT

2. Private devotion with God (Job 32:8)

“But it is a spirit in man, And the breath of the Almighty gives them understanding.”

- For those with slumbering spirits, devotionals and the Word runs dry.
- Awakened personal spirits can be with God and feel His love.

LIMITATIONS OF A SLUMBERING SPIRIT

3. Listening for revelation from God can be difficult...

- Some believers feel that people who say they hear from God are fooling themselves.
- Christians whose spirits are awakened, are spiritually alert and can have spiritual dreams, see visions and hear from the Lord.

LIMITATIONS OF A SLUMBERING SPIRIT

4. Maintaining health (Proverbs 17:22; 18:14)

“A joyful heart is good medicine, but a broken spirit dries up the bones.”

“The spirit of a man can endure his sickness, / But a broken spirit who can bear?”

- An awakened person tends to recover more quickly from illness
- Those with slumbering spirits heal slowly and despair when illness strikes.

LIMITATIONS OF A SLUMBERING SPIRIT

5. Original insight and inspiration is more common for the person with an awakened spirit.

- They are inspired to create
 - Slumbers tend to mimic, rather than create.
- One graduate from an art school, paints or draws a picture that appears flat and uninspiring.
- Yet another from the same school paints a picture that is inspirational and moves the soul.

LIMITATIONS OF A SLUMBERING SPIRIT

6. The ability to relate to time, past, present, and future is possible for the awakened spirit.

- They can remember good times as well as bad.
- People with slumbering spirits have a tendency to be confined to the pain of the moment.
- A couple with a struggling marriage that has awakened spirits can remember the joy that they once experienced, and this gives them hope for the future.
- A couple with slumbering spirits is confined to the pain of the moment; they cannot muster the hope to see beyond the immediate problem.

LIMITATIONS OF A SLUMBERING SPIRIT

7. Empathetic communication is that ability to sense the meaning behind the words of another.

- An awakened spirit has the ability to empathetically listen and connect
- The person with the slumbering spirit can only track with the mind.
- People with a slumbering spirit have a very difficult time sustaining relationships.
 - They can't consistently connect at a spirit level and therefore, can only track the words they are hearing.

EXAMPLE OF A #7 LIMITATION

The wife has worked hard all day. The children have worried her last nerve; she is exhausted and needs a break. Her husband comes home from work feels compassion for his wife and he says, "come on, I'll call the babysitter, and you and I will go out, have a nice quiet dinner and you can relax."

The wife thinking about the budget and knowing that he worked hard as well, says "That's alright honey we probably can't afford that expense." The man with the slumbering spirit says "well OK dear, we can stay home if that's what you want."

He heard her words, but not her spirit! He can only track with his mind. If his spirit was awake, he would have heard her spirit say" I'm trying to be considerate, and let you know that I know money is tight, but I want to hear you say that I'm more important than the stinking budget!

LIMITATIONS OF A SLUMBERING SPIRIT

8. Mature conscience (1 John 3:9)

No one who is born of God practices sin, because His seed abides in him; and he cannot sin, because he is born of God.

- Awakened Christians possess a **true conscience**, which works powerfully before the event, to keep them from sinning.

LIMITATIONS OF A SLUMBERING SPIRIT

8. Mature versus a Remorse conscience

No one who is born of God practices sin, because His seed abides in him; and he cannot sin, because he is born of God. (1 John 3:9)

- Those with slumbering spirits have only **remorse conscience**.
 - They are angry for the sin that they committed, but not true repentance.
 - They do not want to be confronted with it, nor do they want to be reminded of it.
 - "I'm over it! Why aren't you?"

TWO KINDS OF CONSCIENCE

True or mature conscience works to prevent trouble or sin.

- It is capable of feeling the pain of the wounded one.
- There is a mechanism that says, "If I do this thing, or say this thing, how will it affect the other person?"

TWO KINDS OF CONSCIENSE

“Remorse” is not preventative

- This conscience is activated once the sin has been committed.
- It does not empathize with the heart of the wounded one.
- It convicts us by the law, after our sin.

The awakened spirit knows the love of Jesus for another person

Therefore, he or she is constrained from doing that which would hurt another or grieve the Holy Spirit. John 3:9

The awakened spirit warns us before we sin, or quickly realizes conviction and responds to Holy Spirit's help to truly repentance.

HOW CAN A BAPTIZED, BORN ANEW SPIRIT, SLUMBER?

It begins when a person is not called to life through: **Nurture, Affectionate Touch and Parental Guidance**

- Parents are to show wholesome affectionate and appropriate love.
- They are to draw the spirit forth to life, as well as to provide limits and boundaries, with appropriate discipline.
- They are to build strength of character into a child through example, not lectures.
- They are to raise a child in the way the child should go, and through this affection and love, true conscience will be developed.

HEALING AND AWAKENING

1. Review the list of limitations to see which ones apply to you.
2. Invite Holy Spirit to take you to the root causes of each one.
3. Invite Holy Spirit to awaken you where the wounding began.
 1. Did you receive clean affection touch
 2. Were you exposed to beauty and adventure
 3. Was your home a safe place to make mistakes and learn
 4. Did you receive words of acceptance, validation, and love?

HEALING AND AWAKENING

4. Forgive your parents for every way they did not nurture you both physically and spiritually.
5. Identify someone that can help you to stay the course in learning to receive and give meaningful touch, words of validation, participate in worship and grow in relationship to Holy Spirit.

In a future message we will look at ways to care for and feed your personal spirit.